

CORPORATE AREA

ITEMS	BRAND	PAPINE	CROSS ROADS	HALF WAY TREE	BARBICAN	LIGUANEA		WATERLOO ROAD	STONY HILL	WASHINGTON BOULEVARD
		Parkview Supermarket	Sampar's Cash & Carry	Brooklyn (Clock Tower Plaza)	Hi-Lo Supermarket	General Food Supermarket	Shopper's Fair	Mega Mart	Master Mac Supermarket	Lee's Food Fair
CORNED BEEF (REGULAR, CANNED) [TX] - 340g	LASCO	524.17	548.98	528.29	557.67	524.12	524.12	596.85	528.31	524.11
MACKEREL (CANNED) (In Tomato Sauce) [NT] - 155g	LASCO	109.75	106.17	110.62	116.77	109.75	109.75	106.00	108.42	109.75
SARDINES (CANNED, In Vegetable Oil) [NT] - 106g	GRACE	175.05		157.17 (On Special)	171.46 (On Special)	178.60	157.17 (On Special)		170.00	178.60
DRIED SALTED FISH [TX] - 1kg	BULK	1963.91	1912.04	2147.69	2071.69	1728.00		1753.75	1613.71	2044.70
WHOLE CHICKEN (Grade A, Frozen) [NT] 1kg	BEST DRESSED	802.40	801.64	833.10	815.18	774.00	803.40	850.00	797.41	773.60
	CB		759.97	753.00	686.76	736.00	764.40	720.00	745.66	665.26
SKIMMED MILK POWDER [TX] - 80g	LASCO - READIMILK		209.17	193.52	211.93	202.10	191.99	192.05	205.00	174.28
POWDERED WHOLE MILK [NT] - 80g	LASCO	167.61	150.82	146.88	157.57	145.72	145.72	145.00	147.83	151.55
SWEETENED CONDENSED MILK [TX] - 395g	BETTY	338.10		340.77	353.54	338.07	330.92	350.76	334.36	297.51 (On Special)
INFANT FORMULA [NT] - 400g	NESTLE LACTOGEN 1	840.30			869.51	869.51	904.31			890.40
MARGARINE [TX] - 227g	GOLD SEAL			242.60	230.48	216.63	231.76		218.35	216.60
COOKING OIL (Vegetable) [NT] - 500mL	LIDER	333.70	350.99	343.20	378.30	330.59	340.51	339.99	329.50	347.05
TOMATO KETCHUP [TX] - 385g	GRACE				228.22	212.75	187.42	205.86	210.00	196.94
DARK SUGAR (Pre-Packaged) [NT] - 1kg	JAMAICA GOLD		289.70	287.40		285.14		285.01		296.55
RICE (WHITE) [NT] - 1kg	BULK	146.30		163.06		159.72	161.90	164.00	165.00	163.90
CORNMEAL [NT] - 1kg	BULK			133.40		148.81	142.64		148.02	119.85
COUNTER FLOUR [NT] - 1kg	BULK	124.50		140.20		174.39	129.22	163.50	158.40	
HARDOUGH BREAD (White, Sliced) [NT] - 2lb loaf	NATIONAL	420.00	420.00	420.00	420.00	420.00	420.00	420.00		420.00
WATER CRACKERS [NT] - 336g	EXCELSIOR	191.90		187.19		177.27 (On Special)	185.25	195.00	188.00	195.50
COCOA POWDER [TX] - 115g	ROMA		472.64	472.01	509.71	407.21 (On Special)	438.69	438.15		482.77

WESTMORELAND

PORTLAND

ITEMS	BRAND	LITTLE LONDON	NEGRIL		SAVANNA-LA-MAR			BUFF BAY	PORT ANTONIO
		Chandon & Sons Supermarket	Hi-Lo Supermarket	Value Master	Bestco Supermarket	D&Y Supermarket	Meat Plus	Shopper's Pride	Kamal's Supermarket
CORNED BEEF (REGULAR, CANNED) [TX] - 340g	LASCO	528.31	557.67	557.67	480.00	498.99	545.10	533.00	503.00
MACKEREL (CANNED) (In Tomato Sauce) [NT] - 155g	LASCO	109.76		113.56	95.00	105.37	92.83	105.00	102.00
SARDINES (CANNED, In Vegetable Oil) [NT] - 106g	GRACE	155.01	181.44	171.46 (On Special)	179.00	153.78	160.48	181.00	171.00
DRIED SALTED FISH [TX] - 1kg	BULK	1980.00	2071.69	2071.69	1870.00	1717.87	1822.37	1980.00	1660.69
WHOLE CHICKEN (Grade A, Frozen) [NT] 1kg	BEST DRESSED	737.00	815.18	815.18	748.00	773.60	700.15	770.00	723.80
	CB	737.00	755.00	755.00	748.00	736.10	700.15	770.00	
SKIMMED MILK POWDER [TX] - 80g	LASCO - READIMILK	202.10	211.93	211.93	200.00	182.78	202.69	205.00	194.00
POWDERED WHOLE MILK [NT] - 80g	LASCO	167.58	157.54	157.57	163.00	135.82	131.10	170.00	161.00
SWEETENED CONDENSED MILK [TX] - 395g	BETTY	340.86	353.53	353.53	325.00	330.92	330.63	345.00	339.00
INFANT FORMULA [NT] - 400g	NESTLE LACTOGEN 1			869.51	835.00			895.00	878.00
MARGARINE [TX] - 227g	GOLD SEAL	198.79	236.50	220.94	200.00	205.30	205.68	204.00	199.31
COOKING OIL (Vegetable) [NT] - 500mL	LIDER	330.59	362.05	362.05	318.00	311.03	327.60	335.00	313.80
TOMATO KETCHUP [TX] - 385g	GRACE	190.89	228.22	228.22	185.00	178.43	194.41	220.00	206.00
DARK SUGAR (Pre-Packaged) [NT] - 1kg	JAMAICA GOLD			269.32	290.00	269.16	274.40	290.00	274.00
RICE (WHITE) [NT] - 1kg	BULK	176.00			165.00	138.41	156.31	165.00	156.20
CORNMEAL [NT] - 1kg	BULK					123.00	123.97	165.00	150.85
COUNTER FLOUR [NT] - 1kg	BULK	143.00			140.00		118.82	187.00	150.57
HARDOUGH BREAD (White, Sliced) [NT] - 2lb loaf	NATIONAL	420.00	420.00	420.00	420.00	420.00	420.00	420.00	420.00
WATER CRACKERS [NT] - 336g	EXCELSIOR	191.40	208.00	208.00	195.00	195.00	198.75	190.00	187.00
COCOA POWDER [TX] - 115g	ROMA	409.68		509.71	435.00	449.58	414.95	442.00	434.00

TIP: Shop Smart! Be smart when packing your cart. Make a budget and shopping list and stick to it!