

Consumer Alert!™

Survey of Grocery Items – JUNE 5-6, 2019

CORPORATE AREA

PORTLAND

ITEMS	BRAND	SIZE	CROSS ROADS		HALF-WAY TREE	LIGUANEA		HAVENDALE		CONSTANT SPRING	STONY HILL	WASHINGTON BOULEVARD		WATERLOO ROAD	HARBOUR VIEW	RED HILLS ROAD		PORT ANTONIO		BUFF BAY
			Sampar's Cash & Carry	Hi-Lo Supermarket	Brooklyn (Clock Tower Plaza)	Shopper's Fair	General Food Supermarket	Super Valu	Family Pride	Hi-Lo Supermarket (Manor Park Plaza)	Joong	Shopper's Fair	Lee's Food Fair	Mega Mart	Shopper's Fair	Lee's Food Fair	Xtra Supermarket	Kamal's	Kamlyn's	Shopper's Pride
			J\$	J\$	J\$	J\$	J\$	J\$	J\$	J\$	J\$	J\$	J\$	J\$	J\$	J\$	J\$	J\$	J\$	J\$
CORNED BEEF (REGULAR, CANNED) - [TX]	EVE	340 g	373.16		376.16	391.37	391.37	391.37	328.26 (On Special)		372.80	391.37	373.15	362.49	373.16	391.44	373.15	358.00	351.00	379.00
	LASCO	340 g	345.20	368.22	347.96	345.20	345.20	345.20	345.20	357.17	340.01	345.20	345.19	344.84	345.20	338.32	345.19	331.00	331.00	351.00
	CARIBBEAN CHOICE	340 g	341.07	363.78	343.77	341.04	341.04	341.04	324.80	363.78	341.00	341.04	341.05		341.04	354.71	324.80		327.00	346.00
MACKEREL (CANNED) (In Tomato Sauce) - [NT]	GRACE	155 g	92.81	96.02	83.47	90.02	87.48	90.02	92.80	96.02	93.00	90.02	86.75	84.00	86.42	93.70	86.75	85.00	79.00	92.00
	KENDEL	155 g	79.00	84.30	79.63	79.00	79.00	79.00	79.00	84.30	71.00	79.00	79.00	76.40	75.83	79.00	79.00	74.00	76.00	80.00
SARDINES (Canned, In Oil) [NT]	BRUNSWICK (Canadian Style)	106 g	147.28	131.48	123.52	134.40	133.19	133.19	122.54	131.48	123.00	133.19	133.20	119.00	122.54	126.60	122.55	129.00	118.00	
TUNA (Flaked, In Oil or Water) [TX]	BUMBLE BEE	142 g	161.40	172.42	161.94	161.40	140.80	161.40	161.40	172.42	161.00	161.40	142.04 (On Special)	159.61	161.40	142.04	142.04 (On Special)	155.00	155.00	164.00
VIENNA SAUSAGES (Regular) (Chicken) [TX]	GRACE	140 g	145.57	150.61	126.99	141.20	141.20	127.08	132.33	150.61	134.00	128.85 (On Special)	132.34	130.48	141.20	137.70	132.34	127.00	121.00	148.19
	EVE	140 g	120.43		121.38	120.43	120.43	120.43	120.43		120.00	120.43	120.40	115.34	120.43	120.43	120.40	116.00	116.00	122.35
BUTTER BEANS [TX]	GRACE	300 g	191.22	193.95	164.95	181.83	158.71	181.83	191.22	192.09	191.00	181.83	175.51	175.92	181.83	186.49	173.82		184.00	195.00
	LASCO	400 g	152.50	160.19	156.06	150.18	154.83	134.70	152.50	160.19	155.00	150.18	161.00	150.29	150.18	156.23	154.83	148.00	146.39	154.00
BROAD BEANS [TX]	GRACE	300 g	191.22	193.95	183.28	181.83	181.83	181.83	185.64	193.95		181.83	189.25	175.92	181.83	186.49	173.82		170.00	192.00
	LASCO	400 g	154.83					150.18					161.00	150.29		156.23	154.83	149.00	149.00	154.00
BAKED BEANS (Regular)[TX]	GRACE	300 g	191.22		164.95	181.83	181.83	181.83		192.09	191.00	181.83	189.43	175.92	181.83	195.84	173.82	170.00	165.00	195.00
	GEDDY'S	283 g			137.62	132.43		136.53	136.53	145.63	137.00				139.17	139.80	136.54		134.00	140.00
DRIED SALTED FISH [TX]	BULK	1 kg	1096.02	1054.33	964.62	836.82	1063.65	855.56	1095.86	1047.34	946.00	873.76	1080.54	1021.71	901.71	994.91		836.00	836.00	990.00
WHOLE CHICKEN - (Grade A, Frozen) [NT]	BEST DRESSED	1 kg	489.58	528.21	539.83	520.06	501.00		512.84	528.21	509.00	512.80	520.53	528.00	512.80	501.20	508.80	470.80	464.00	517.00
	CB	1 kg	497.21	536.77	520.69	528.50	509.00			536.77	509.00	520.70	520.70	505.00	520.70	508.95	508.95			517.00
CHICKEN - MIXED PARTS (Frozen) [NT]	BEST DRESSED	1 kg	640.23	615.00	640.23		639.00	640.22	640.32	615.00	618.00	608.20	537.34	635.00	608.20	537.30	537.34	448.80	450.00	506.00
SKIMMED MILK POWDER [TX]	LASCO - READIMILK	80 g	126.01	132.13	123.83	119.70	126.01		126.01	132.13	121.00	119.70	131.06	119.00	119.70	129.04	125.99	121.00	121.00	128.35
POWDERED WHOLE MILK - [NT]	LASCO	80 g	118.25	127.57	128.63	127.00	118.16	118.25	123.90	127.84	118.45	127.62	123.00	125.80	127.62	130.68	123.00	137.00	143.00	151.00
SWEETENED CONDENSED MILK - [TX]	BETTY	395 g	261.19	267.88	258.02	250.66	261.19	250.79	245.92	266.79	256.00	250.74	271.68	248.73	250.75	261.31	261.19	246.00	246.00	271.00
INFANT FORMULA - [NT]	LASCO STEP 1	450 g	810.65	756.09	785.71	600.02	779.48	756.09		756.09	779.00	756.09	584.95	695.00	737.92	798.18	779.50	748.00	647.00	790.00
	NESTLE LACTOGEN 1	400 g	677.73	708.33		708.33		708.33	679.95	708.33	708.00	708.33	725.35	654.00	691.31	704.21	680.75	680.00	680.00	665.00
COOKING OIL [NT]	LIDER	500 mL	220.25	237.57	218.52	216.78	210.28	216.78	203.78	237.57	204.00	216.78	179.32 (On Special)	216.00	216.78	179.32 (On Special)	179.32 (On Special)	205.00	201.46	220.00
	UNCLE SAM'S	500 mL	208.01		206.38	200.73 (On Special)	201.74	204.74	204.74		205.00	200.73	212.95		200.73	204.74	204.75	177.00	197.00	211.00
DRINKING WATER [TX]	CATHERINE'S PEAK	500 mL	69.01	65.96	61.34	63.61	66.03	63.49	69.01	55.48		59.89	63.14	63.49	63.49	63.26	63.14	66.00	66.00	
	WATA	600 mL	53.52	55.63	54.84	53.54	55.69	53.54	53.54	55.63	51.00	53.54	55.69	52.08		55.69	55.69	50.00	51.00	51.72
DARK SUGAR (Pre-Packaged) [NT]	JAMAICA GOLD	1 kg		199.42			191.94	191.94	191.94		183.00		211.25	189.00		196.60	182.00	205.00	179.40	205.00
RICE (WHITE) [NT]	BULK	1 kg	108.30		96.39	112.22	93.06	100.25	102.11	108.30	105.00	96.39	116.65	105.00	96.39	90.30	91.65	88.00	83.16	110.00
RICE (Pre-Packaged, Parboiled) [NT]	THREE JEWELS	800 g	296.02		298.39	296.02	296.02	296.02	296.02	260.00	296.00	296.02	307.85	290.00	296.02	303.13	307.85			
RICE (Pre-Packaged, Long Grain) [NT]	GRACE	800 g	284.84		278.47	276.27	231.54	276.27	284.83	298.67	285.00	236.80	296.25	275.00	276.27	264.53	268.65	273.00	288.00	290.00
CORNMEAL (Bulk) [NT]	BULK	1 kg	110.09	110.45	84.01	97.18	92.40	97.18	93.75	125.99	125.00	84.08	105.00	87.50	84.00	105.00	105.00	110.00	99.00	110.00
CORNMEAL (Packaged) [NT]	INDIAN GIRL	454 g	116.77	121.45	114.19	113.29	113.29	113.29		121.45	117.00	113.29	120.65	106.00	113.39	119.57	121.45	112.00	112.00	120.00
COUNTER FLOUR [NT]	BULK	1 kg	82.12	95.00	91.11	91.57	118.06	83.33	105.56	95.00	106.00	83.33		104.00	99.31		96.55	94.60	88.00	110.00
	JF MILLS	1 kg	163.75	167.70	165.06	155.56	163.75	163.75	163.75	170.30	170.00	163.75	170.30	163.50	163.75	167.68	163.75	157.00	157.20	163.00
WATER CRACKERS [NT]	EXCELSIOR	143 g	76.19	81.60	80.64	77.53	80.00	77.53	80.00	81.60	79.00	80.00	83.20	79.00	77.53	76.19	76.20	83.00	76.00	81.00
	NATIONAL	143 g	68.01	72.53	68.54	68.00	68.00	68.00	68.00	72.53	75.00	68.00	70.70	67.95	68.00	68.00	68.00	65.00		
KEROSENE [NT]	NONE	1 L	352.00	357.14	375.00	349.99	325.01			357.14	313.00	349.99	325.00		374.98	320.00	322.00			
BLEACH [TX]	AJAX	475 mL	106.66	110.81	103.37	102.54	102.54	102.54			111.00	102.54	106.66		102.54	105.00	106.66	93.00	94.00	104.00
IRISH POTATO [NT]	LOCAL	1 kg	340.20	340.00	272.80	362.98	268.00	296.99	396.00	340.00		263.99	277.78		296.99	370.37	401.25	343.20	356.40	440.00
TOMATOES (Plummy) [NT]	LOCAL	1 kg	246.40	197.00	375.10	133.70	178.00	362.98	231.00	197.00		178.20	216.00	201.00	133.60	246.91	264.56	352.00	297.00	484.00
RED PEAS (Bulk, KIDNEY BEANS) [NT]	IMPORTED	1 kg	432.60	471.00	341.70	363.70	308.00	286.61	355.55	471.00	475.20	330.70		309.00	364.00	440.00	259.71	246.40	290.40	330.00

NOTES:

All prices displayed are inclusive of tax where applicable.

- Cells highlighted in red signify the highest price for that particular item, amongst the outlets surveyed in that parish.
- Cells highlighted in green signify the lowest price for that particular item, amongst the outlets surveyed in that parish.

- NT - Not Taxable
- TX - Taxable
- The Managers at the following outlets were unavailable to sign the survey form:
 - a. General Food, Liguanea
 - b. Kamal's, Port Antonio



TIP: "Are you buying canned foods this weekend? Use the old ones stored in your cupboard or move them to the front and store fresh purchases in the back. Check the expiry dates."

Head Office:
34 Trafalgar Road, Kingston 10
Tel: 876-906-5425
Toll Free: 1-888-991-4470

Montego Bay Branch:
30-34 Market Street,
2nd Floor AGI Building
Tel: (876) 940-6154

Mandeville Branch:
RADA Complex
23 Caledonia Road, Mandeville
Tel: (876) 625-0487

Email: info@cac.gov.jm
Website: www.cac.gov.jm
Facebook: www.facebook.com/cac.gov.jm
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