

Consumer Alert!™

Survey of Grocery Items – MAY 8-9, 2019

CORPORATE AREA

ST. MARY

ITEMS	BRAND	SIZE	CROSS ROADS		HALF-WAY TREE		LIGUANEA		WATERLOO ROAD	BARBICAN	HAVENDALE		WASHINGTON BOULEVARD		HARBOUR VIEW	CONSTANT SPRING	RED HILLS ROAD		STONY HILL	ANNOTTO BAY		HIGHGATE	PORT MARIA
			Sampar's Cash & Carry	Hi-Lo Supermarket	Brooklyn (Clock Tower Plaza)	Brooklyn (Twin Gates Plaza)	Shopper's Fair	General Food Supermarket	Mega Mart	Hi-Lo Supermarket	Super Valu	Family Pride	Lee's Food Fair	Shopper's Fair	Shopper's Fair	Hi-Lo Supermarket	Xtra Supermarket	Lee's Food Fair	Joong	Aeon Supermarket	Better & Better Supermarket	Graham's Supermarket	Hi-Lo Supermarket
			J\$	J\$	J\$	J\$	J\$	J\$	J\$	J\$	J\$	J\$	J\$	J\$	J\$	J\$	J\$	J\$	J\$	J\$	J\$	J\$	J\$
CORNEB BEEF (REGULAR, CANNED) - [TX]	GRACE	340 g	425.05	439.78	415.58	415.58	412.28	412.28	396.10	439.78	371.05	386.41	404.78	412.28	412.28	439.78	345.84 (On Special)	421.03	405.00	425.00	395.00	428.00	440.00
	LASCO	340 g	345.20	368.22	347.96	347.96	345.20	345.20	344.84	368.22	345.20	345.20	345.19	345.20	345.20	357.17	345.19	345.31	340.01	325.00	325.00	327.00	368.00
MACKEREL (CANNED) (In Tomato Sauce) - [NT]	BRUNSWICK	155 g	78.76	83.99	79.39	81.77	78.76	78.76	78.50	83.99	78.76	78.76	78.75	78.76	75.63	83.99	81.90	78.76	76.00	73.00	80.00	75.00	81.00
	KENDEL	155 g	79.00	79.63	79.63	79.63	79.00	79.00	76.40	84.30	79.00	79.00	79.00	79.00	75.83	84.30	79.00	79.00	71.00	75.00	80.00	72.00	93.00
	LASCO	155 g	80.98	83.59	81.62	81.62	80.98	80.98	77.00	83.59	80.98	80.98	81.00	80.98	77.74	86.38	81.00	81.00	75.00	81.00	72.00	69.00	86.00
SARDINES (Canned, In Vegetable Oil) [NT]	GRACE	106 g	130.68	135.21	127.76	127.26	126.75	126.76	127.00	135.21	116.62	130.68	126.90	123.06	121.69	135.21	130.70	123.18	131.00	124.00	130.00	119.00	135.21
SARDINES (Canned, In Oil) [NT]	BRUNSWICK (Canadian Style)	106 g	147.29	131.48	123.53	141.21	133.19	133.19	143.00	131.48	133.19	147.29	133.20	133.19		141.71	122.55	126.60	133.00	120.00	145.00	116.00	131.48
DRIED SALTED FISH [TX]	BULK	1 kg	1105.67	1054.33	976.97	1199.37	836.82	1063.65	1021.71	1054.33	930.45	1095.86	1080.54	901.71	901.71	1054.33	972.45	994.91	946.00	1100.00	1100.00	915.20	1048.50
WHOLE CHICKEN - (Grade A, Frozen) [NT]	BEST DRESSED	1 kg	489.59	528.21	539.83	539.83	520.60	501.00	528.00	528.21	539.82	512.84	459.80	512.80	512.80	528.21		459.80 (On Special)	509.00	462.00	490.60	470.80	533.00
	CB	1 kg	497.21	536.77	520.69	445.55	528.50	509.00	505.00	521.00	522.00	505.40	520.70	520.70	520.70	536.77		508.95	509.00			455.40	534.00
SKIMMED MILK POWDER [TX]	LASCO - READIMILK	80 g	126.01	132.13	123.83	123.83	119.70	126.01	119.00	132.13	119.70 (On Special)	126.01	131.06	119.70	119.70	132.13	125.99	129.04	121.00	125.00	125.00	121.00	113.43
POWDERED WHOLE MILK - [NT]	LASCO	80 g	118.25	137.96	128.63	128.63	127.00	118.25	125.80	127.84	118.25	123.90	123.00	127.62	127.62	127.84	123.00	130.68	118.45	140.00	145.00	143.00	149.00
SWEETENED CONDENSED MILK - [TX]	SERGE	392 g	289.46	288.75	291.75	291.75	281.55	281.55	273.78	296.84	277.86	277.83	301.04	277.86	277.86	296.84	289.44	289.43	289.00	275.00	260.00	256.00	262.36
	BETTY	395 g	261.19	267.88	258.02	259.13	255.78	261.19	248.73	278.60	250.79	245.92	271.68	250.74	250.74	267.88	265.85	261.31	256.00	235.00	245.00	246.00	248.00
FRESH MILK (Full Cream, In Tetrapack) [NT]	SERGE	1 L	328.33	350.13	330.96	297.86	304.01	298.33 (On Special)	309.50	350.18	312.70	306.86	341.45	312.00	306.85	350.13	288.93 (On Special)	336.21	322.00		300.00		
	MIRACLE	1 L	286.46	309.26	288.75	288.75	280.83	286.46	274.00	309.26		286.46	297.90	280.83		309.26	297.90	336.21				305.00	309.00
INFANT FORMULA - [NT]	LASCO STEP 1	400 g	810.65	756.09	785.71	785.71	756.09	779.48	695.00	756.09	756.09	748.24	798.20	756.09	737.92	756.09	749.50	798.18	779.00	780.00	780.00	610.00	708.00
	SMA GOLD	400 g	2140.67	2050.00	1975.62	1880.81	1941.00	1941.00	1899.00	2050.00	2050.00	1791.11	1987.50	2079.00		2050.00	2132.00	2107.74	1941.00	1960.00		1600.00	2050.00
MARGARINE [TX]	GOLD SEAL	227 g	140.37	157.23	157.22	157.22	155.67	140.37	141.90	157.23	140.37	140.37	140.38	139.00	137.62		149.70	149.69		137.00	132.00	140.00	157.00
	CHIFFON	227 g	211.58	274.70	272.51	272.51	269.12	243.31	250.48	274.70	259.54	243.31	259.50	240.28	238.56		259.50	259.47	263.00	245.00	245.00	243.00	275.00
COOKING OIL [NT]	LIDER	500 mL	220.25	237.57	218.52	218.52	216.78	210.28	216.00	237.57	216.78	203.78	211.80	216.78	216.78	237.57	210.30	203.80	204.00	205.00	217.00	217.00	238.00
	UNCLE SAM'S	500 mL	208.01		206.38	206.38	200.73	204.74			204.74	204.74	212.95	200.73	200.73		204.75	204.74	205.00	205.00	210.00	205.00	
TOMATO KETCHUP [TX]	GRACE	385 g	156.97	166.86	153.49	153.49	152.25	152.25	149.12	166.86	140.08	148.08	163.27	159.03	152.25	166.86	156.98	150.90	157.00	147.00	145.00	147.00	167.00
DARK SUGAR (Pre-Packaged) [NT]	JAMAICA GOLD	1 kg	174.96	199.42	193.47			191.94	180.00		191.94	191.94	211.25			199.42	182.00	220.70	183.00	185.00			
	GOLDEN GROVE	1 kg	189.06	215.39	182.70			205.32	207.00	215.39		178.13	224.25	207.31		215.39	217.75	193.60				203.00	215.00
RICE (White) - [NT]	BULK	1 kg		108.30	96.39	97.16	112.22	94.44	105.00	108.30	100.25	102.11	116.65	96.39	96.39	108.30	91.65	90.30	119.00	99.00	110.00	88.00	108.30
CORNMEAL - [NT]	BULK	1 kg	110.09	110.45	84.01	100.63	97.18	92.40	87.50	110.45	84.80	93.75	107.95	84.08	84.01	110.45	105.00	105.00	108.00	110.00		110.00	95.00
COUNTER FLOUR - [NT]	BULK	1 kg	82.12		91.11	101.39	91.57	118.06	104.00	95.00	83.33	105.56		83.33	99.31	95.00	96.55		106.00	99.00	99.00	98.01	95.00
OATS (Instant or Quick) [TX]	FOSKA	225 g	141.55	150.98	142.68	142.68	141.55	141.55	130.48	150.98	141.55	141.55	147.20	141.55		143.77	147.20	144.95	134.00	140.00	140.00		144.00
	GRACE	225 g	137.94	142.74	134.88	107.20	133.81	133.81		142.74	133.81	137.95	143.47	133.81	133.81	142.74	136.65	134.55	127.00	137.00	138.00	123.00	143.00
WATER CRACKERS [NT]	EXCELSIOR	336 g	157.15	176.00	166.32	160.91	157.14	165.00	155.00	160.00	157.14	165.00	171.70	165.00		176.00		157.15	163.00	160.00	160.00	160.00	160.00
	NATIONAL	350 g	163.20	158.38	167.12	167.12	163.20	163.20	163.10	174.08	163.20	163.20	169.65	163.20		174.08	169.75	163.20	163.00	160.00	160.00	160.00	174.00
COCOA POWDER [TX]	ROMA	115 g	348.61	368.06	340.86	340.86	338.15	338.15	325.04	368.06	338.15	348.61	348.63	338.15	338.15	368.06	341.75	356.99	349.00	330.00	330.00	301.00	368.00
	LASCO	170 g	251.08	265.10	253.10	253.10	243.55	263.24	243.49	265.10	243.55	251.08	261.13	243.55	243.55	265.10	261.13	257.12	251.00	250.00	240.00	236.00	265.00
FOOD DRINK [TX]	NESTLE-MILO (Protomalt)	200 g		264.12	242.90	242.90	240.99	240.99	239.99	264.12		240.99	275.70	240.99	240.99	264.12	250.65	250.63	241.00	245.00	245.00	272.00	264.00
	LASCO (Soy Food Drink)	120 g	161.15	167.26	162.45	162.45	154.71	154.71	164.27	167.26	154.71	157.94	167.59	154.71	154.71	167.26	167.59	161.82	142.00	150.00	150.00	148.00	167.00
SYRUP [TX]	PURE BULK	1 L	301.08	303.00	303.48	303.48	301.08	301.08	299.87	303.00	301.08	289.12	313.15	301.08	301.08		313.15	313.13	289.00	300.00	300.00	291.00	303.00
	ANCHOR	1 L	265.27		264.22	264.22	262.13	262.13	263.29		262.13	262.13	272.61	262.13	262.13		272.61	272.61				262.00	
POWDERED LAUNDRY DETERGENT [TX]	BREEZE (Multiactive)	375 g	282.10	335.74	305.29	273.43	263.12	302.87	258.63	335.74	293.78	265.83	282.10	293.78	293.78	335.74	282.10	315.02	266.00	265.00	260.00	250.00	335.74
	ARIEL	400 g	278.92	268.92	249.17	249.17	247.20	247.20	242.32	282.51	247.97	232.37	257.12	272.20	272.20	282.51	257.12	244.72	235.00		270.00	226.00	268.92
BLEACH [TX]	AJAX	475 mL	106.66	110.81	103.37	98.20	102.54	102.54		120.72	102.54	102.54	106.66	102.54	102.54	120.72	106.66	105.00	111.00	100.00	100.00	107.00	121.00
	CHLORO-DO	475 mL	104.56	118.12	96.81	96.56	102.32	100.56			99.71	91.51	90.51	115.04	100.11	118.12	115.04	113.27	101.01	95.00	95.00	90.00	91.00
LOTION [TX]	JERGENS (Original Scent)	295 mL	473.13	539.19	473.13	473.13	490.65	490.65	472.99	539.19	525.68	490.65	490.64	473.16	473.16	539.19	490.64	490.66	438.01	400.00	450.00		539.00
TOOTHPASTE (Regular) [TX]	COLGATE (Cavity Protection)	79 g	145.74	149.03	144.59	144.59	140.53	143.45	150.29	149.03		143.45	149.18	143.45	143.45	149.03	152.91		152.00	140.00	140.00	137.00	146.00
	LASCO (Advanced Cavity Protection)	90 g	136.63	145.28	140.02	140.02	134.74	138.90	134.56	140.63		138.90	144.46	134.74	134.74	145.28	148.19	148.13	139.00				