

Consumer Alert!™

Survey of Grocery Items – DECEMBER 5-6, 2018

CORPORATE AREA

ST. THOMAS

ITEMS	BRAND	SIZE	CROSS ROADS		HALF-WAY TREE	LIGUANEA		HAVENDALE		BARBICAN	WATERLOO ROAD	HARBOUR VIEW	WASHINGTON BOULEVARD		RED HILLS ROAD		MORANT BAY		YALLAHS	SEAFORTH	
			Sampar's Cash & Carry	Hi-Lo Supermarket	Brooklyn (Twin Gates Plaza)	General Food Supermarket	Shopper's Fair	Super Valu	Family Pride	Hi-Lo Supermarket	Mega Mart	Shopper's Fair	Shopper's Fair	Lee's Food Fair	Xtra Supermarket	Lee's Food Fair	Classic Super Shop	Joong Supermarket	Lucky Side Supermarket	Any Money Supermarket	Basic Needs Supermarket
			J\$	J\$	J\$	J\$	J\$	J\$	J\$	J\$	J\$	J\$	J\$	J\$	J\$	J\$	J\$	J\$	J\$	J\$	J\$
CORNEB BEEF (REGULAR, CANNED) - [TX]	GRACE	340 g	386.41	439.78	415.58	393.15	412.28	412.28	425.04		396.10	392.65	392.65	393.01	363.89	413.12	415.91	375.00	360.00	425.00	427.00
	LASCO	340 g	345.20	368.22	347.96	345.20	345.20	345.20	345.20	368.22	344.84	345.20	345.20	345.19	345.19	338.32	337.85	326.00	332.00	345.00	345.00
MACKEREL (CANNED) (In Tomato Sauce) - [NT]	BRUNSWICK	155 g	79.94	83.99	81.77	78.76	78.76		78.76	83.99	78.50	75.62	78.76	78.75	81.90	78.76	77.00	79.00	77.00	73.00	79.00
	LASCO	155 g	72.33	83.59	81.62	80.98	80.98	80.98	80.98	83.59	77.00	77.74	80.98	72.30	81.00	81.00	80.00	75.00	79.00	72.00	81.00
SARDINES (Canned, In Soya Oil) [NT]	BRUNSWICK (Canadian Style)	106 g	106.61	113.43	107.47	106.61	106.61	106.61	160.10	113.43	102.50	106.61		106.60	160.10	106.61	105.00		100.00	123.00	134.00
SARDINES (Canned, In Vegetable Oil) [NT]	GRACE	106 g	130.68	135.21	117.55	126.76	120.06	126.76	130.68	135.21	127.00	121.69	123.06	126.90	130.70	123.18	129.00	131.00	127.00	124.00	123.00
DRIED SALTED FISH [TX]	BULK	1 kg	1103.31	966.95	1148.69	1063.65	888.66	890.56	1056.00	966.95	1021.71	875.01	868.27	1080.54	949.28	1019.38	1181.54	1063.65	935.00	908.60	908.60
WHOLE CHICKEN - (Grade A, Frozen) [NT]	BEST DRESSED	1 kg	461.00	528.21	539.83	501.00	520.60	539.82	512.84	528.21	540.00	512.80	512.80	453.08	496.31	501.25	479.60	479.60	506.00		
	CB	1 kg	497.21	487.00	445.55	494.00	513.00	506.67	505.40	521.00	513.00	520.70	520.70	505.00	494.00	508.91		479.60	506.00	495.00	495.00
SKIMMED MILK POWDER [TX]	LASCO - READIMILK	80 g	126.02	132.13	123.83	126.01	119.70	119.70	126.01	132.13	119.00	120.00	119.70	131.06	125.99	129.04	123.49	121.00			
POWDERED WHOLE MILK - [NT]	LASCO	80 g	140.16	137.96	128.63	127.62	127.62		123.90	137.96	125.80	127.62	127.62	132.70	132.70	130.68	125.00	127.90	147.00	149.00	149.00
SWEETENED CONDENSED MILK - [TX]	BETTY	395 g	253.74	267.88	259.13	261.19	255.78	250.79	243.21	267.95	248.73	250.74	250.74	277.10	266.44	261.23	260.96	242.01	235.00	261.00	266.00
FRESH MILK (Full Cream, In Tetrapack) [NT]	SERGE	1 L	328.33 (On Special)	350.13	330.96	328.33	318.13	328.33	306.85	350.13	309.50	301.22	270.90 (On Special)	341.45	330.85	336.21	321.00	307.00	342.00	323.00	307.00
	MIRACLE	1 L	280.93	309.26	288.75	301.56	295.63	286.46	286.46	309.26	274.00	280.83	280.83	297.90	297.90	293.33	304.00	286.00		303.00	
INFANT FORMULA - [NT]	LASCO STEP 1	400 g	633.74	756.09	785.71	779.48	756.09	756.09	584.94	756.09	695.00	737.92	756.09	798.20	779.50			748.00	749.00	779.00	779.00
	NESTLE LACTOGEN 1	400 g	677.73	708.33	714.00	708.33	708.33	708.33	660.15	708.33	654.00		708.33	725.35	736.65	704.21	675.00	660.00	655.00	688.00	688.00
MARGARINE [TX]	GOLD SEAL	227 g	157.21	157.23	145.97	140.37	155.67	140.37		157.23	141.90	137.62	139.00	139.04	149.70	149.69	136.31	152.00	129.00	140.00	140.00
COOKING OIL [NT]	LIDER	500 mL	220.26	237.57	211.96	210.28	216.78	210.28	203.78	237.57		216.78	216.78	211.95	203.80	203.78	212.00	217.00	203.00	217.00	217.00
	UNCLE SAM'S	500 mL	208.01		206.38	204.74	200.73	204.74	200.73			200.73	200.73	212.95	204.75	204.74	200.00	205.00		205.00	205.00
TOMATO KETCHUP [TX]	GRACE	385 g		152.14	154.62	140.08	146.41	140.08	141.51	166.86	150.29	140.08	159.38	152.38	156.98	150.90	153.78	142.00	154.00	153.00	157.00
DARK SUGAR (Pre-Packaged) [NT]	JAMAICA GOLD	1 kg	183.94			191.94	168.75	191.94	191.94		180.00	191.94	196.88	199.60		196.54	200.00		185.00	192.00	197.00
	GOLDEN GROVE	1 kg			195.30			215.63	178.13	195.00	207.00	207.31	207.31	224.25	224.25	220.80		205.00		209.00	216.00
REFINED/GRANULATED SUGAR [TX]	GRACE	1 kg	531.31	515.36				549.72		515.36	490.47	490.83	515.36			552.57					
RICE (White) - [NT]	BULK	1 kg	99.55	108.30	106.39	91.67	112.22	115.56	108.33	108.30	105.00	111.11	111.11	116.65	91.65	103.89	99.00	118.80	94.60	114.40	112.20
CORNMEAL - [NT]	BULK	1 kg	110.09	110.45	100.63		97.18	84.80	93.75		87.50	84.01	84.01		105.00	105.00	88.00	107.80		97.00	99.00
COUNTER FLOUR - [NT]	BULK	1 kg	79.16	95.00	105.55	118.06	91.57	83.33	111.11	95.00	104.00	99.31	108.33	123.00	96.55		99.00	101.20	88.00	112.20	107.80
OATS (Instant or Quick) [TX]	FOSKA	225 g	157.03	143.77	135.87	134.79	134.79	134.79	134.79	129.32 (On Special)		134.79	134.79	140.21	140.21	138.03	131.65	129.00			142.00
	GRACE	225 g	137.97	135.94	107.20	133.81	133.81	133.81	122.06 (On Special)	142.74		133.81	127.44	130.13	130.13	128.13	135.14	130.00		138.00	138.00
WATER CRACKERS [NT]	EXCELSIOR	336 g	162.06	176.00	160.91	150.00	157.14	157.14		160.00	152.00	157.14	165.00	166.40	158.50	157.15	180.00	143.00	155.00	160.00	165.00
	NATIONAL	336 g	163.20	158.38	167.12	163.20	163.20	163.20		174.08	163.10	163.20	163.20	169.65	169.75	163.20		163.00	159.00	163.00	
CREAM CRACKERS [NT]	EXCELSIOR	113 g	53.50	56.53	51.69	50.00	50.48	50.48	50.48	56.53	48.00	50.89	33.80 (On Special)	52.50	49.50		47.00	48.00			
	NATIONAL	112 g	58.00	61.87	59.39	58.00	58.00	58.00	58.00	61.87	57.95	58.00	58.00	60.30	60.30		53.00	58.00	55.00	58.00	58.00
CHICKEN NOODLES [NT]	MAGGI	60 g	59.70	72.04	64.45	63.93	62.01	62.01	62.01	72.04	62.00	62.01	59.06	66.20	66.50	64.49		62.00	60.00		61.00
COCOA POWDER [TX]	LASCO	170 g	251.08	250.09				243.55	251.08		243.49	243.55			261.13	257.12	245.82	232.00		237.00	254.00
	ROMA	115 g	348.61	346.93	340.86	338.15	338.15	338.15	348.61	368.06	325.04	338.15	338.15	348.63	341.75	356.99	341.35	338.00		329.00	338.00
SYRUP [TX]	PURE BULK	1 L	301.08	303.00	303.48	301.08	301.08	301.08		303.00	299.87	301.08	301.08	313.15	313.15	313.13	294.75	301.00			
LETTUCE [NT]	LOCAL	1 kg	374.00	731.00	341.00	535.00	362.90	560.97	561.00	731.00	836.00	990.00	330.00	620.00	661.38			550.00			
EGGS [TX]	LOCAL	1 doz	434.37	486.00	385.91	422.31		385.91	378.63	438.04	450.86	385.91	399.75	399.77	429.59	378.63	407.75	384.45	336.00	300.00	300.00
POWDERED LAUNDRY DETERGENT [TX]	ARIEL	400 g		268.92	249.17	247.20	247.20	247.20	224.95	268.92	266.79	247.20	247.20	257.12	257.12	244.72	241.16	205.01			227.00
LAUNDRY SOAP BAR [TX]	BOMBER	140 g	68.62	75.00	66.51	65.97		65.97	65.97	75.42	74.56	65.97	65.97	68.62	68.62	67.56					
	ADA	130 g		78.96	59.79	60.48	60.48	60.48	60.48	67.78		59.31	60.48	62.91	62.91	61.93	52.43	54.00	57.00	53.00	55.00
BLEACH [TX]	AJAX	475 mL	106.63	110.81	103.37	102.54	102.54	102.54		120.72		102.54	102.54	100.83	100.83	105.00	100.19	103.00	103.00		
BATH SOAP [TX]	PALMOLIVE (Assorted)	110 g	119.72	138.05	121.56	115.10	124.32	115.10	115.10	129.66	114.17	120.60	120.60	125.41	119.70	116.03	113.01	108.00		94.00	
SHAMPOO [TX]	ALBERTO V05	370 g	318.05	370.68	344.04	356.77		366.95	342.50	386.13		330.30	344.06	342.51	356.78	356.78	279.60		250.00	260.00	240.00
LOTION [TX]	JERGENS (Original Scent)	295 mL	483.03	539.19	473.13	490.65	490.65	525.68	490.65	539.19	472.99	473.16	473.16	490.64		490.66		473.00		413.00	413.00
POWDER [TX]	Johnson's Baby Powder	113 g			358.46	345.19	371.73	401.93	326.26	393.36	328.53	338.82	338.82	371.75	412.41	351.34	356.49	339.00			

NOTES:

All prices displayed are inclusive of tax where applicable.

- Cells highlighted in red signify the highest price for that particular item, amongst the outlets surveyed in that parish.

- Cells highlighted in green signify the lowest price for that particular item, amongst the outlets surveyed in that parish.

- NT - Not Taxable
- TX - Taxable



TIP: "Check expiry dates of all food items. Read your labels. Refrigerate leftovers within two hours of serving:- food poisoning can be fatal."

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